### **There is a Solution!**

The purpose of Whitewater Crossing Christian Church's Celebrate Recovery is to fellowship and celebrate God's healing power in our lives. We open the door by sharing our experiences, strengths, and hopes with another. In addition, we become willing to accept God's grace in solving our life problems.

By working the Christ-centered steps and applying their biblical principles found in the Beatitudes, we begin to grow spiritually. We become free from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy, and most importantly, a stronger personal relationship with God and others. As we progress through the principles and the steps, we discover our personal. loving, and forgiving Higher Power–Jesus Christ. We will no longer have to rely on our dysfunctional, compulsive, and addictive behaviors as a temporary "fix" for our pain.

### **Hours and Contact**

## **Location**:

Whitewater Life Center Phone: 513-738-7500 5771 State Route 128, Cleves, OH 45002 whitewater crossing the christian church

# **Meeting Information**:

Wednesday Evenings: 7-9pm Large Group Worship: 7pm Small Share Groups: 8pm (Men's & Women's Groups)

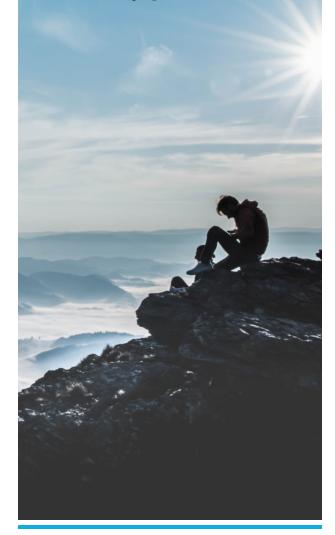
Come early for fellowship and refreshments. Doors open at 6:30pm



# Chemical Dependency

# CelebrateRecovery<sup>®</sup>

"A safe place to share hurts, hang-ups & habits!"



#### **The Problem**

If, when you honestly want to, you find you cannot quit drinking or using entirely, or if you have little control over the amount you consume, you are probably an alcoholic and/or an addict. If that is the case, you may be suffering from a problem which only a spiritual solution will conquer.

If you are as seriously alcoholic or addicted as we were, we believe there is no middle-of-the-road solution. We were in a position where life was becoming impossible, and we had passed into the region from which there is no return through human resources, we had but two alternatives: One was to go on to the bitter end, blotting out the consciousness of our intolerable situation as best as we could; and the other was to accept Jesus Christ as our Higher Power.

### **Ask Yourself**

Do you suffer from Chemical Dependency? Ask yourself these questions...

1. Have you ever decided to stop drinking and/ or using for a week or so, but only lasted for a couple of days?

2. Do you wish people would mind their own business about your drinking and/or using and stop telling you what to do?

3. Have you ever switched from one kind of drink or drug to another in the hope that this would keep you from losing control?

4. Have you had to have an "eye-opener" upon awakening during the past year? Do you need a drink or drug to get started, or stop shaking?

5. Do you envy people who can drink or use drugs without getting into trouble?

6. Has your drinking or using caused trouble at home?

7. Do you ever try to get "extra" drinks or drugs at a party because you did not get enough?

8. Do you tell yourself you can stop drinking or using any time you want to, even though you keep getting inebriated when you don't mean to?

9. Have you missed days of work or school because of drinking or using?

10. Do you have "blackouts"?

11. Have you ever felt that your life would be better if you did not drink or use?

What is your score?

Did you answer YES two (2) or more times? If so, you are probably in trouble with alcohol or drugs.

### **The Solution**

Only you can decide whether you think Celebrate Recovery is for you. Try to keep an open mind on the subject. If the answer is YES, we will be glad to show you how we stopped drinking and using drugs ourselves.

Celebrate Recovery does not promise to solve your life's problems. But we can show you how we are learning to live without drinking or using one day at a time with the help of our Higher Power, Jesus Christ.

We stay away from that first drink. If there is no first one, there cannot be a tenth one. And when we are free of alcohol or drugs, we found that life became much more manageable, with Christ's power. We also experience the true peace and serenity we have been seeking.